



Official Invitation

Shihan, Sensei, Sempai Osu!

On behalf of the Polish **Shinkyokushinkai** Organization and Warsaw **Shinkyokushinkai** Sport Center I would like to invite you to participate in

🌀 IV Polish Shinkyokushinkai Championship 🌀 Kata and Kumite for Seniors and Juniors

The tournament will be held in Warsaw, the Capitol of Poland, on November 9th 2008.


🌀 **Date:** Sunday 9th November 2008

🌀 **Place:** Warszawa, Hala Sportowa Kolo , ul. Obozowa 60 (Sport Hall Kolo in Warsaw, Obozowa 60 street)

🌀 **Address:** **Sport Hall Kolo in Warsaw, Obozowa 60 street, Poland**

🌀 **Rules:** EKO knockdown Kyokushin rules for seniors and juniors and kadets


 **Participants fee:** 15 euro (60 pln)

 **Age:** above 18 year old for seniors, 17 - 18 for juniors, 16 - 15 for kadets

 **Prizes:**

1 place: cup, medal, diploma

2 and 3 place: medal, diploma

 **Participants:** members of the:

- Polish Shinkyokushnkai Organization,
- European Kyokushin Karate Organization,
- NPO. WKO Shinkyokushinkai,
- Invited clubs and Karate Organizations

There will be **kumite and **kata** categories**

Kumite

Categories:

Man: -70 kg,-80kg, - 90 kg, +90 kg

Woman: - 60kg, + 60kg

Masters (man + 35): open

Junior male: - 70kg, -75kg, +75 kg

Junior female: - 60 kg, + 60 kg

Kadets male: - 55 kg, - 60 kg, + 60 kg

Kadets female: open

Rounds: eliminations, half finals and finals – 3 minutes for seniors, and 2 minutes for juniors and kadets; there are possible two 2 minutes extensions for seniors, juniors and 1 minute for kadets; If there is no clear winner after two rounds the referee may ask both contestants to be weigh. If there's a difference of more than 5 kilo, the lighter competitor will be declared the winner of the match. If there is no difference of weight there will be the possibility to 1 extension of 2 minutes for seniors, juniors and 1 minute for kadets. There will not be a tamashiwari test.

Both man and woman have to wear groin protectors. Woman also have to wear breasts protectors. Other protectors for seniors are not allowed. Juniors have to

wear shin and groin protectors, and helmets. Kadets have to wear hogo, shin, groin protectors and helmets.

Forbidden techniques for kadets, juniors and old masters:

mae geri jodan, hiza geri jodan, ushiro geri jodan, kakato geri, ushiro mawashi, kaiten geri, uchi/soto mawashi kage

All participants must have:

- medical examination,
- woman pregnant test
- (accident) insurance

Invited teams are allowed to send any number fighters in each weight category.

 **Kata** 

There will be two qualifying rounds and one final round. 16 participants will be qualified to the second round. To the final round will be qualified 4 participants.

Score: Qualifying rounds from 6,0 to 9,0. Final round from 7,0 to 10,0.

Referees: There will be 5 referees.

Participant has to perform in the first round one from the following katas:


- Yantsu
- Saiha
- Tsuki no
- Geksai dai
- Geksai sho

In the second and third round participant has to perform two from the following katas:

- Seienchin
- Seipai
- Sushiho
- Kanku dai
- Garyu


Scheme


8.11.2008 (saturday):

 **18:00 – 21:00:** weighting, registration, checking the medical examinations
[place Sport Hall Koło in Warsaw, Obozowa 60 street]


8.11.2008 (Sunday):


 **10:00 – 12:00:** kumite kadets – elimination

 **11:00 – 12:00:** kata – elimination

 **12:00:** Official opening of the IV Polish Shinkyokushinkai
Championship

 **12:15 – 13:00:** kata – finals, decorating

 **13:15 – 13:30:** allowed and prohibited techniques

 **13:30 – 17:00:** kumite – eliminations and finals

 **17:30:** decorating, end of the IV Polish Shinkyokushinkai Championship

 **18:00:** Sayonara Party for fighters, invited guests, coaches, referees

Applications should be sent before to: 20.10.2008.

Bambusowa Chata Dojo UKS Sparta

Tomasz Basiak

ul. Królów Polskich 11/19

02 – 496 Warszawa

or via e – mail:

basiak69@wp.pl

 OSU!!! 

With Best Regards

Sensei Jacek Baranowski 4 dan

President POS

**Subscription Forms
IV Polish Shinkyokushinkai Championship
Kata and Kumite
for Seniors and Juniors**

KATA

L.p	Name	Date Of Birth	Grade
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

KUMITE

Lp.	Name	Date Of Birth	Weight	Grade
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Officials:

Name : _____ **Funktion:**

- 1.
- 2.
- 3.
- 4.
- 5.